

# A's 2012 Santa Barbara Junior Lifeguards

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
|---|--|--|--|---|
| <b>June 25</b><br>Introductions<br>Safe Entries<br>Swimming Evaluation  | <b>June 26</b>   | <b>June 27</b><br>Uniforms Distributed<br>Running Beach Tour<br>Tower Operations     | <b>June 28</b><br>Training Day<br>10'6" Paddleboards | <b>June 29</b><br>Picture Day<br>Picture Orders Due                               |
| <b>July 2</b><br>Time Trials  | <b>July 3</b><br>Mock Rescues  | <b>July 4</b><br>NO JUNIOR GUARDS<br>HOLIDAY   | <b>July 5</b><br>Super Workout                       | <b>July 6</b>   |
| <b>July 9</b>   | <b>July 10</b><br>Training for<br>Competitions<br>Move Night # 1 @<br>Bathhouse (upstairs) | <b>July 11</b><br>Boat Trip # 1  | <b>July 12</b><br>Relay Day                          | <b>July 13</b><br>Carpinteria Competition<br>9:00am – 2:00pm                      |
| <b>July 16</b><br>Training for<br>Competitions  | <b>July 17</b><br>A & C Bonding Day  | <b>July 18</b><br>Time Trials<br>Boat Trip # 2                                       | <b>July 19</b><br>Relay Day                          | <b>July 20</b>  |
| <b>July 23</b><br>A's Jalama Surf Day<br>(Flyer will come home)<br>8:00 depart East Beach<br>6:30 arrive back | <b>July 24</b><br>Code X<br>Circuit Training<br>Movie Night # 2 @<br>Bathhouse (upstairs)  | <b>July 25</b><br>Relays and<br>Mock Rescues<br>Taffy's Pizza Fundraiser<br>11am-9pm | <b>July 26</b><br>Fun Training Day                   | <b>July 27</b><br>Regionals (at Newport<br>Beach)                                 |
| <b>July 30</b><br>Training Day<br><br>Evaluation #2   | <b>July 31</b><br>Stud Ironman<br>Followed by<br>Kick Back Day                             | <b>August 1</b><br>Game Day  | <b>August 2</b>                                      | <b>August 3</b><br>Fiesta Competition<br>At East Beach<br>9:00am-2:00pm           |
| <b>August 6</b><br>Rincon Surf Day  | <b>August 7</b><br>Pier Run Challenge  | <b>August 8</b><br>Thank You Day   | <b>August 9</b><br>Pier Swim Challenge               | <b>August 10</b><br>Last Day of JG's<br>Final Banquet at Chase<br>Palm Park 5-7pm |

\*\*please visit our website at: [www.sbarksandrecreation.com/summerfun](http://www.sbarksandrecreation.com/summerfun)